



## WRIST ARTHROSCOPY COURSE

**Monday 19.8.2019**

- 8.00 – 8.10** Registration
- 8.10 – 8.15** Introduction and welcome  
M. Karelson
- 8.15 – 8.25** Clinical wrist examination  
M. Karelson
- 8.25 – 8.35** Radiological exploration of the wrist  
T. Kiekara
- 8.35 – 8.50** Wrist arthroscopy fundamentals, tips and tricks  
J. Havulinna
- 8.50 – 9.05** Diagnostic wrist arthroscopy for undiagnosed wrist pain  
J. Vasenius
- 9.05 – 9.25** TFCC and DRUJ anatomy and pathomechanics  
J-R. Haugstvedt
- 9.25 – 9.45** Peripheral and foveal TFCC reattachment and TFCC reconstruction arthroscopically  
J-R. Haugstvedt
- 9.45 – 9.55** Arthroscopically assisted treatment of chronic DRUJ instability  
P-C. Ho
- 9.55 – 10.05** Discussion: Do we have evidence of TFCC treatment?  
All and M.Räisänen
- 10.05 – 10.20** **COFFEE BREAK**
- 10.20 – 10.40** Scapholunate instability and reconstruction  
C. Thams
- 10.40 – 11.00** Chronic SL dissociation  
P-C. Ho
- 11.00 – 11.20** Diagnostic algorithm and surgical management of PMCI  
P-C. Ho
- 11.20 – 11.40** Arthroscopic treatment of scaphoid nonunion  
P-C. Ho
- 11.40 – 12.00** Discussion: Do we have evidence of SL treatment?  
All and A. Kaivorinne
- 12.00 – 13.00** **LUNCH**

- 13.00 – 13.15** Arthroscopic partial carpal fusion  
[T. Kotkansalo](#)
- 13.15 – 13.35** The role of arthroscopy in Kienboek`s disease  
[M. Baratz](#)
- 13.35 – 13.55** Management of ulnocarpal abutment  
[M. Baratz](#)
- 13.55 – 14.10** Arthroscopic assistance in distal radius fracture  
[J. Vasenius](#)
- 14.10 – 14.25** *COFFEE BREAK*
- 14.25 – 14.40** Wrist ganglions and arthroscopic excision  
[K. Kask](#)
- 14.40 – 15.00** Arthroscopic management of STT joint arthritis  
[A. Pozzi](#)
- 15.00 – 15.30** Discussion: What else could we do or not do arthroscopically?
- 16:30 – 22.30** *COURSE DINNER AT RESTAURANT MAISA*

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## HANDS-ON WRIST ARTHROSCOPY WORKSHOP IN CADAVER LABORATORY

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**Tuesday 20.8.2019**

- 7.30 – 7.45** Info and coffee
- 7.45 – 9.45** Fundamentals, diagnostic arthroscopy, TFCC reattachment  
Demo: [J. Vasenius](#)
- 9.45 – 10.00** *COFFEE BREAK*
- 10.00 – 12.30** SL reconstruction  
Demo: [P-C. Ho](#)
- 12.30 – 13.15** *LUNCH*
- 13.15 – 15.45** Wafer and distal oblique ligament reconstruction  
Demo: [M. Baratz](#)
- 15.45 – 16.15** Summary and discussion

